

**“MEDICAL MATTERS”**

***A Series on Good Health for***

***Healthy Living!***

First Friday of every month at the Library*.*

**Spring Series beginning   
February 7, 2020  
11:30am-1:00pm   
Selma-Dallas County Public Library  
Vaughan Community Room**   
Sack lunch provided to first 25 attendees.

Meet the Docs! Ask the Questions! Get the Facts!

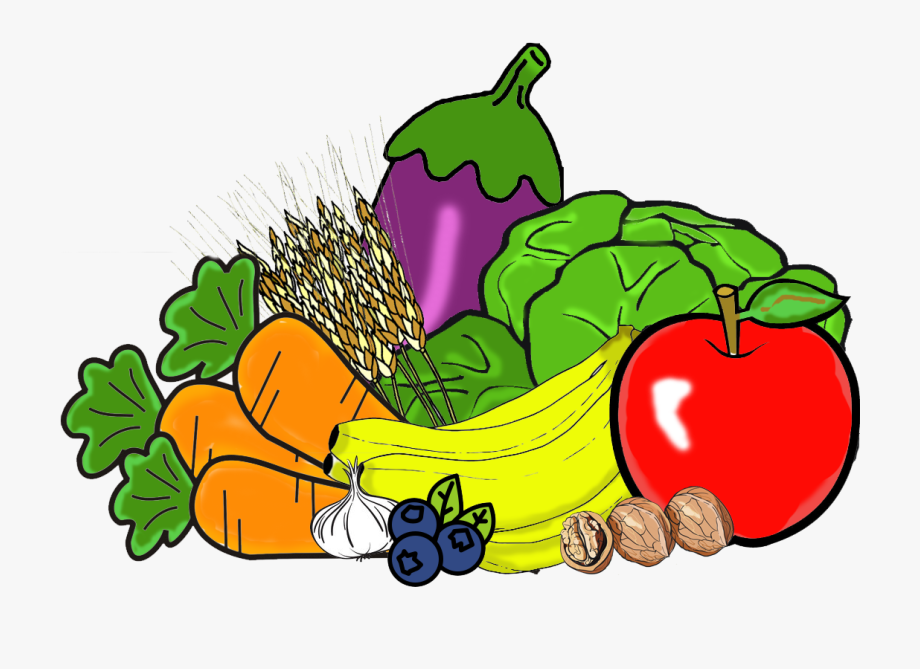
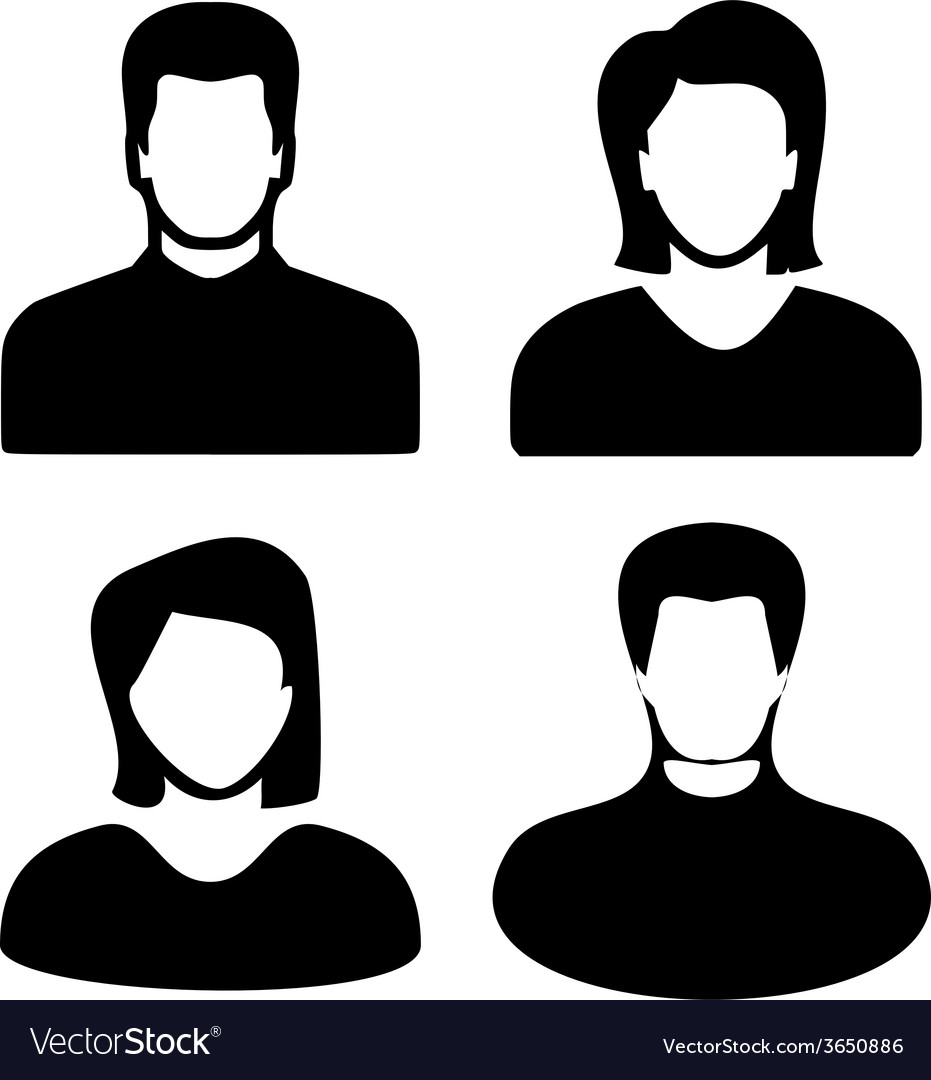
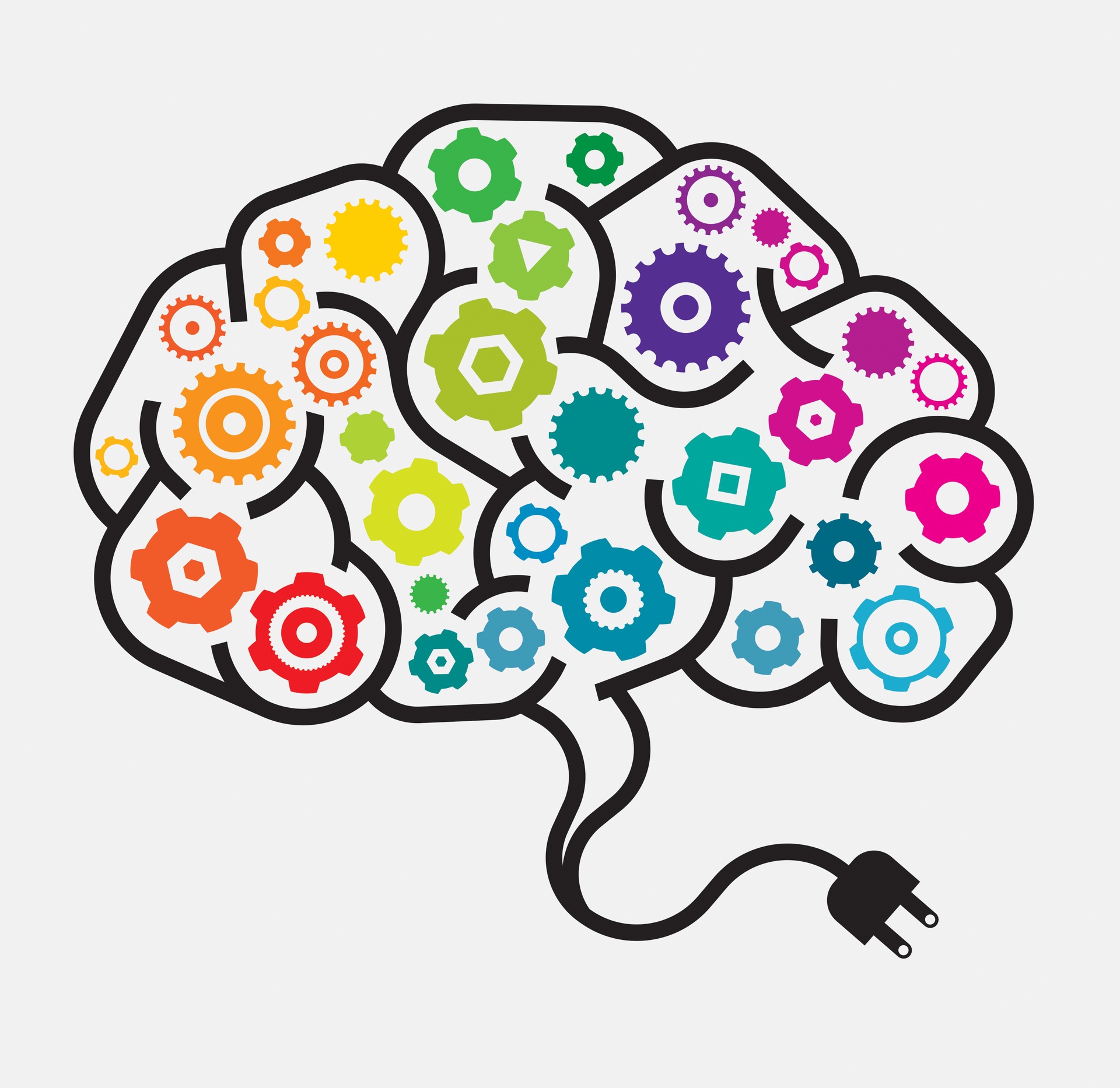
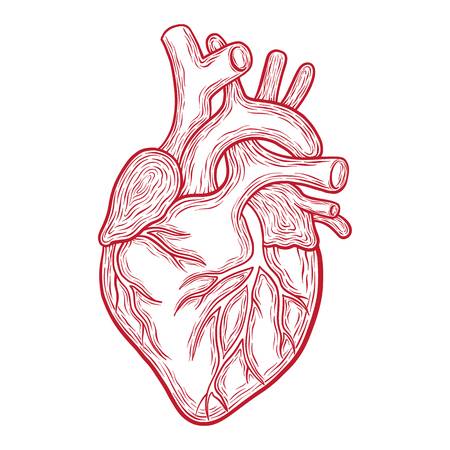
No pre-registration needed!

February 7th  
 **Heart Healthy Habits**

May 1st  
**Your Memory: How to Keep It**

April 3rd  
**Men’s Health: All You Need to Know**





March 6th  
**Healthy Eating with Diabetes**